

Fjäskern Hurry Scurry (Sweden)

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Meter: 2/4

Formation: Couple Mixer. Couples in a Circle, men on the inside, facing CCW, holding nearer hands. Free hands on hips.

Part 1:

Bars 1-8: take 16 running steps forward in CCW direction starting with the R foot. On the 16th count, turn towards each other to face CW.

Bars 9-16: take 16 running steps in CW direction, on the last count turn to face partner.

Part 2

Bar 1: Step on R foot, and scissor kick L forward (1), step on L foot and scissor kick R forward (2)

Bar 2: repeat bar 1

Bar 3: Run R forward towards partner, clap hands (1), Run L starting to pass partner by the Right shoulder

Bar 4: Continue past partner on R (2), pull R shoulder back step L turning to face partner (2)

Bar 5-8: repeat bars 1-4 back to place

Bars 9-16: repeat bars 1-8

Progression: On the first few counts of Part 1, the woman runs forward to the next M (or in some groups the M runs forward to the next W)

